# **Product Data Sheet:**

# SUPER-SLUMBER CAPSULES

**Dietary Supplement** 



### **DESCRIPTION**

Insomnia and lack of sleep are the cause of many modern health problems. Perfectly pure, our product contains no additives or fillers, just 100% pure natural ingredients. These ingredients promote restful sleep naturally, assist with combatting anxiety and stress and will help you drift off into a restful slumber.

### **SPECIFICATIONS**

60 Veggie Capsules per bottle.

#### **DIRECTIONS**

As a dietary supplement, adults should take two (2) capsules 30 minutes before bedtime.

### STORAGE INSTRUCTIONS

Store in a cool, dry place. Keep out of direct sunlight.

#### **INGREDIENTS**

Passion Flower Extract, L-Theanine, Chamomile Flower Extract, Turmeric Extract, Black Pepper Extract (Piperine), Magnesium Gluconate, Catuaba Bark Extract; Valerian Extract, Veggie Capsules.

Passion Flower Extract: Passion Flower Extract is often used to assist with anxiety and insomnia. Scientists believe Passion Flower works by increasing levels of a chemical called gamma aminobutyric acid (GABA) in the brain. GABA lowers the activity of some brain cells, making you feel more relaxed.

**L-Theanine:** L-Theanine is an amino acid found in green tea, it has been shown to assist brain functions by relieving stress disorders, improving mood, and maintaining normal sleep.

**Chamomile Flower Extract:** Chamomile is a flowering plant used as a medicinal herb for centuries. It is used to assist with improved sleep, reduced anxiety, relief from stomach ailments, and treatment of skin conditions.

**Turmeric Extract:** Well known as an impressive sleep aid due to its relaxation and anti-inflammatory properties, we add Piperine in the form of Black Pepper Extract for bioavailability.

Magnesium Gluconate: Magnesium Gluconate is one form of magnesium easily absorbed by the body and recommended by sleep experts to promote

calm, relaxation, and improved sleep.

Catuaba Bark Extract: This natural bark is used for agitation, trouble sleeping related to high blood pressure, nervousness and ongoing mental and

physical fatigue.

**Valerian Extract:** Valerian has been used medicinally since the times of early Greece and Rome. Today, valerian is promoted for insomnia, anxiety, depression, premenstrual syndrome (PMS), menopause symptoms, and headaches.

Veggie Capsules: Made from pine-derived cellulose, they are preservative-free, GMO ingredient free, gluten-free, biodegradable, halal and kosher.

# **ALLERGEN INFORMATION**

Produced in a facility that uses nuts, gluten and soya.

# CAUTIONS

As with any dietary supplement, consult with your healthcare professional before taking this product, especially if you are pregnant, breastfeeding or taking prescribed medication.

Immediately discontinue use and consult your doctor if you experience any adverse reactions.

This unregistered supplement has not been evaluated by SAHPRA and is not intended to diagnose, treat, cure or prevent any disease.

## **PACKAGING**

Recyclable amber glass bottle. Recyclable polyprop lid.

## BARCODE

6009880514564

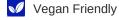
# COUNTRY OF ORIGIN

Manufactured in South Africa from Imported Ingredients.

**SELLING PRICE R181.28 (60 CAPSULES)** 

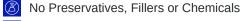
RECOMMENDED RETAIL PRICE R290.05 (60 CAPSULES)

# **CHECK LIST**





Recyclable Packaging



Manufactured in South Africa



# Flourish Supplements (Pty) Ltd



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